

Surgical sites (as indicated by the arrows) are coated with antibiotic ointment twice daily to keep the incisions moist and infection free and to reduce crusting.

Oral antibiotic is taken until the nasal splints are removed in clinic.

The head is elevated during sleep.

The patient is allowed to shower on the second postoperative day, but keeping the nasal cast and tape dry. Activity is limited during the first week; patients are asked to avoid heavy lifting and exertion.

The level of activity is gradually increased, until all limitations are lifted at 4 weeks.

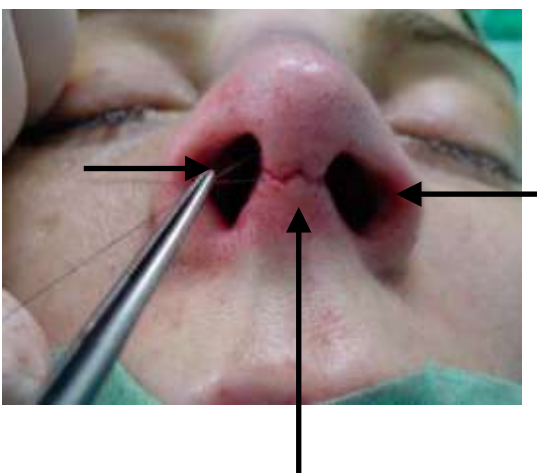
Alcohol are avoided for 2 weeks after surgery.

Close follow-up is important to monitor the healing process and the first postoperative visit is on day 5-8, when the nasal passages are cleaned and inspected and sutures are removed during this visit.

Fresh elastic tape is left on for an additional week, after which the nose is taped with the brown paper tape.

Taping the nose helps decrease nasal swelling and support the tip while healing takes place.

Swelling of the nasal skin may take 6 to 9 months to subside, sometimes up to 1 year and thus the final result may not be evident until that time.



Please apply antibiotic ointment to these three incision sites, twice a day, to help with healing, prevent infection and reduce crusting